

## GENERAL RELEASE / WAIVER

By signing the attendance record below, I do hereby agree that I have voluntarily entered the Fitness Center of the Southern Lehigh High School and acknowledge that I am aware that unanticipated and unexpected dangers may arise in using the fitness and exercise equipment located at the Premises and participating in the exercise and other activities provided there. I acknowledge that I do not suffer from nor am I aware of any physical or medical condition which would prevent me from safely using any of the fitness equipment or engaging in any of the physical activities provided at the Premises. **I DO HEREBY ASSUME ALL RISKS OF INJURY TO MY PERSON OR PROPERTY THAT MAY BE SUSTAINED BY ME IN CONNECTION WITH MY USE OF ANY OF THE FITNESS AND EXERCISE EQUIPMENT OR MY PARTICIPATION IN ANY ACTIVITIES ON THE PREMISES.** I intend by my signature below to release and waive all claims which I may have against the Southern Lehigh School District, its School Directors, Administrators, employees, servants, and agents from any and all claims which I may have, including personal injury and property damage, by reason of my use of the Fitness Center and participation in any of the activities provided there. This General Release /Waiver shall apply on the date of use and any future use of the Premises by me.

**Date:**

**Name:**

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By signing above, the signer certifies that he/she has read the General Release / Waiver and agrees to all of its terms and conditions prior to use of the Premises.